

REC WELL

Showcase

FACILITY TOURS

Starting Location: Fitness Center

4:00 P.M. | 4:15 P.M.

4:30 P.M. | 4:45 P.M.

GROUP FITNESS

Location: Fitness Studio

Yoga | 4:10 P.M.

Stretch & Move | 4:35 P.M.

COMPETITIVE SPORTS

Location: Front Entrance

Cornhole Competition

Location: Lobby

eSports Competition

(Wii & Xbox)

Location: Gym

Free Throw Competition

PRIZE for Winner!

MEMBERSHIP SERVICES

Location: RecWell Office Suite

Membership/Access Questions?

Come get all the answers you need!

****Locker rooms available for use****

(Most activities do not require active wear.)

**LEROY T. WALKER
COMPLEX**



@NCCURECWELL

UNIVERSITY CONFERENCE

The **EAGLE**
PROMISE
is You!