

2023 INAUGURAL CONFERENCE

MEDICATION ASSISTED TREATMENT FOR OPIOID USE DISORDER

**North Carolina Central University
Student Center**

500 Nelson St
Durham, North Carolina 27707



May 11th, 2023

PROGRAM

About the Conference

Bringing together approximately 100 senior leadership and staff from Federally Qualified Health Centers, Rural Health Clinics, Free & Charitable Clinics, other NC safety-net partners as well as area academic institutions that are dedicated to increasing access to Medication Assisted Treatment for individuals with Opioid Use Disorder in North Carolina, including agencies who were recently awarded a grant to expand MAT services and Opioid Abatement strategies. Through seminars, workshops and networking, this event provides an opportunity to explore new ideas, discover innovative strategies, and gain relevant training that contributes to improving MAT service delivery for North Carolina residents.

About MAT (Medication Assisted Treatment)

Medication-Assisted Treatment (MAT) is the use of medications, in combination with counseling and other therapeutic approaches, to provide a “whole-patient” approach to the treatment of substance use disorders. Medications relieve the withdrawal systems and psychological cravings that cause chemical imbalances in the body. Research has shown that when provided at the proper dose, medications used in MAT have no adverse effects on a person’s intelligence, mental capability, or physical functioning.

Partners

NCCHCA: North Carolina Community Health Center Association (NCCHCA) is the HRSA funded state Primary Care Association (PCA) and Health Center Controlled Network (HCCN). The non-profit, consumer governed Federally Qualified Health Centers (FQHCs) we represent provide integrated medical, dental, pharmacy, behavioral health, and enabling services to over one-half million patients in North Carolina. FQHCs receive federal assistance for sliding-fee discounts to assure no one is denied access to care. NCCHCA represents FQHCs to state and federal officials and provides training and technical assistance on clinical, operational, financial, administrative, and governance issues.

NCCU BBRI: The Julius L. Chambers Biomedical and Biotechnology Research Institute (JLC BBRI) at the North Carolina Central University (NCCU) conducts multidisciplinary and interinstitutional research focused on health issues that disproportionately affect minority and underserved populations. With a focus on students, the institute provides research experiences that enhance their access to careers in the biomedical sciences.

NC Collaboratory: [The North Carolina Collaboratory](#) is a research entity that partners with academic institutions and state agencies to transform research into practical information for use by State and local government. Since its authorization in 2016 by the legislature (see [31a N.C.G.S. §116-255](#)), the Collaboratory has stewarded \$148 million in appropriations from the NC General Assembly, investing in over 400 research projects across all 17 University of North Carolina System campuses and numerous NC-based private colleges and universities. Initially focused on natural resources and environmental issues, the Collaboratory has since broadened its portfolio to include research on some of the State's most pressing challenges, including public health, education, clean energy, economic recovery, and technology development. The Collaboratory is committed to developing innovative, evidence-based solutions that serve the State and its constituents.

Opioid Abatement Coordinating Center (OACC) at NCCU BBRI is funded by the NC Collaboratory to build research capacity and relationships across UNC System institutions, Partners and community-based organizations to address Opioid Use Disorder.

Support from NC Collaboratory and NIMHD funded NCCU RCMI Center for Health Disparities Research is gratefully acknowledged.

Agenda

- 7:30 am Registration/Breakfast
- 8:30 am **Welcome** - Deepak Kumar, Interim Associate Provost and Dean of Research, NCCU
Chris Shank, CEO, NCCHCA
- 8:40 am **Opening Remarks**- Wendy Jacobs, Vice Chair of Board of County Commissioners
- 8:50 am **Opioid Abatement and Recovery Research Program at UNC System Institutions** -
Jeff Warren, Executive Director, NC Collaboratory
- 9:00 am **Local Strategies to Address Opioid Epidemic in NC** - Nidhi Sachdeva, MPH,
Director of Strategic Health and Opioid Initiatives, North Carolina Association of
County Commissioners
- 9:30 am **A Brief History of Overdose Prevention Programs with a Focus on Harm
Reduction in North Carolina** – Catherine (Kay) Sanford, MSPH, NC Harm
Reduction Coalition

10:00 am-10:15 am BREAK

- 10:15 am **Community Centered Prevention** - Dr. Wanda Boone, CEO, Together for Resilient
Youth (TRY)
- 10:30 am **Panel Discussion - Community Collaboration and Collective Impact**

Panelists:

- Wanda Boone, Ph.D. (Moderator)
- Paula Harrington, NC-CPSS
- Tremaine Sawyer LCSW, LCAS-A
- Hilda Smith, LCAS
- Rev. Michelle Mathis

12:00-1:00 pm LUNCH

- 1:00 pm **Gaining Back Ground on North Carolina's Overdose Epidemic** - Kody Kinsley,
Secretary of the NC Department of Health and Human Services (NCDHHS)
- 1:30 pm **How to Save a Life: Opioid Use Disorder in 2023** - Dr. Samuel Parish
- Seminar/Workshop to explore new ideas, discover innovative strategies, and gain relevant training
that contributes to improving MAT service delivery for North Carolina residents* – Dr. Samuel
Parish
- 4:30 pm **Closing Statements/Adjournment**

CEUs Available

Workshop

Presenter

Dr. Samuel Parish, MD, ASAM
Addiction Medicine Physician Subject Matter Expert at the
Opioid Response Network



Title

How to Save a Life: Opioid Use Disorder in 2023

Outline

- Review status of substance use disorders in the US and North Carolina focused on Opioid Use Disorder.
- Understand common terms used in the medical treatment of OUD and diagnosing OUD: DSM-V criteria.
- Review the evidence-base for medication use in a comprehensive team approach to treating OUD.
- Understand basic pharmacology of each FDA approved medication for OUD: methadone, buprenorphine, and naltrexone and provide an update on Regulations for buprenorphine prescribing.
- Review the common Clinic Flow on a typical day treating OUD with an integrated team.
- Withdrawal management issues that arise when treating OUD and other substance use.
- Recognize common barriers faced by clients/patients seeking care and by clinicians providing medication for OUD Understand the concept of Recovery and Recovery Oriented Systems of Care approach.
- The unique role Community Health Centers have in responding to the Opioid Epidemic.

Notes

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Speakers

Dr. Wanda Boone is the founder and CEO of a non-profit, Together for Resilient Youth (TRY) based in Durham, NC and also with presence across NC, the US and internationally in Kenya, the UK and Australia. She was a contributor to the NC State Plan to Prevent Opioid Overdose (Prevention). Dr. Boone is Co-Chair along with Wendy Jacobs, Board of County Commissioners Vice Chair, Durham Joins Together to Save Lives (Overdose Prevention). She is a member of the National Collaborative for Effective Prescription Opioid Policies. Dr. Boone is a trailblazer in the field of Resilience/Adverse Childhood Experiences and trauma. She has used her expertise to help inform direction as a member of NC

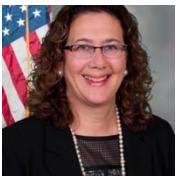


Adverse Childhood Experiences and Resilience Advisory Board, former Co-Chair of the National Institute of Medicine Healthy NC 2030 - Social and Economic Factors work group focusing on the impact of trauma and the importance of resilience. She is a guest speaker and technical advisor on Prevention structures, Trauma, Resilience, Racial Inequities, Social Determinants of Health, Behavioral Health Disparities, COVID-19 and Vaccine Equity and more. TRY connects the dots linking the public health model, trauma informed care and transformative prevention. She is a RN, Sr. RA, Duke University Medical Center and holds a Masters and PhD in Theology and Public Health.

Paula Harrington is a woman in long-term recovery who attended Howard University and retired from the University of North Carolina at Chapel Hill as a Human Resources Facilitator. She is committed to promoting, advocating, and assisting those who suffer with disabilities associated with substance use disorders. She has worked for Oxford House, Inc. since 2000 and as Board Member of the Freedom House Recovery Center in Chapel Hill since 2001. Among her most satisfying accomplishments was opening the first two women with children's Oxford Houses and one of the first Oxford Houses for the college students. Paula is a North Carolina Certified Peer Support Specialist (NC-CPSS) and a CCAR Recovery Coach and Recovery Trainer. She is a Certified Navigator for the Affordable Care Act and a faithful church member of St. Paul AME Church where her community efforts are well received and supported. As the Financial Officer and Board Member of the Recovery Community of Durham, she intends to utilize all her skills, aspirations and life experience to promote the positive message of recovery.



Hon. Wendy Jacobs is the Vice Chair of the Board of County Commissioners. The previous four years, she served as Chair of the Board of County Commissioners. Commissioner Jacobs is currently serving her third term of office, first elected in 2012 and having been sworn in again on December 7, 2020. She is a graduate of Duke University with a Bachelor of Arts in History, Magna Cum Laude. As a former educator she received her teaching certification from the University of North Carolina at Chapel Hill and taught in the Durham and Caswell County Public Schools as well as Carolina Friends School.



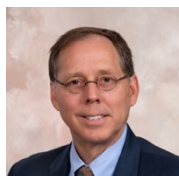
Secretary Kody Kinsley serves as Secretary of the North Carolina Department of Health and Human Services. In his role, he led operational aspects of COVID-19 response, including purchasing and distribution of personal protective equipment, scaling access to testing, and contact tracing. In addition to the COVID-19 response, Kinsley leads North Carolina's behavioral health and intellectual and developmental disability policies and systems. His work focuses on re-designing the public insurance system, combating the opioid epidemic, and improving operations of state organizations and the broader delivery system. His policy efforts have focused on supporting trauma-informed and resilient communities and schools, diverting and treating justice-involved populations, and increasing community levels of care. He earned his bachelor's degree from Brevard College and his Master of Public Policy from the University of California, Berkeley.



Minister Michelle Mathis is the Executive Director of Olive Branch Ministry, a faith-based harm reduction agency serving the NC Foothills/Piedmont region. She oversees a Tri-County Overdose Response Team, and Points of HOPE, a justice-centered education and syringe services program that includes low barrier/low threshold suboxone and HepC treatment. Michelle is Board President of the NC Harm Reduction Coalition and serves in the National Faith in Harm Reduction Movement. She believes that honoring an individual's journey, with compassion and love, is the key to a successful connection. While her faith is the motivation behind her work, extending hope and extending life is her mission.



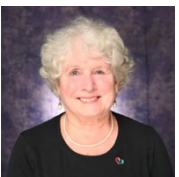
Dr. Samuel K. Parish received his medical degree from the University of Kentucky College of Medicine. He is board certified in Addiction Medicine and Family Medicine. Dr. Parish has a strong interest in and advocates for primary care integrated with behavioral health in the evaluation and treatment of substance use disorders. He serves as a subject matter expert on treatment for the SAMHSA funded Opioid Response Network. He is a Fellow of the American Society of Addiction Medicine. He is an active member of the American Academy of Addiction Psychiatry and the American College of Academic Addiction Medicine.



Nidhi Sachdeva, MPH (she/her) is a thoughtful leader and passionate public health professional committed to creating healthy, safe, and equitable communities. Ms. Sachdeva serves as the Director of Strategic Health and Opioid Initiatives with the North Carolina Association of County Commissioners (NCACC) where she leads the Opioid Settlement Technical Assistance Team within the Strategic Member Services Department. She assists counties in planning for and utilizing national opioid settlement funds, implementing and evaluating health initiatives, and maximizing resources and impact through technical assistance, outreach, education, and collaboration. She has worked in public health and harm reduction in various capacities and on multiple levels within government (local and state) and research universities.



Catherine (Kay) Sanford, MSPH (retired) is an injury epidemiologist who identified the overdose epidemic in North Carolina in 2002 and began statewide initiatives to develop and implement new overdose prevention programs. Since retirement she helped co-found Project Lazarus and continues to work on overdose prevention, focusing on harm reduction, particularly in prisons. Mrs. Sanford is a volunteer Instructor with the NC Harm Reduction Coalition. Mrs. Sanford has been with the TEACH Initiative, a UNC-undergraduate student founded and run program to teach overdose and suicide prevention in high schools by near-peers. since its inception. She has played a vital role in guiding the team to bring the TEACH Initiative into being and continues to be a vital force for the project's success. She brings expertise in substance use disorder curriculum design and communication.



Tremaine Sawyer, LCSW, LCAS-A is a Licensed Clinical Social Worker, Licensed Clinical Addictions Specialist-Associate, and STARR Program Supervisor with Durham County's Criminal Justice Resource Center. CJRC's STARR (Substance Use Treatment and Recidivism Reduction) Program is a trauma-informed, gender specific and comprehensive substance use disorder and behavioral health treatment program housed in Durham County's Detention Center. He provides administrative, clinical, and technical support for the Durham Detention Center's Medication Assisted Treatment Program and other jail settings across North Carolina. In addition, he is a SAMHSA Trauma Trainer for Criminal Justice Professionals.



Hilda Smith, M.S., LCAS is a Licensed Clinical Addictions Specialist. She is a former Director of a Medication Assisted Treatment Clinic. She participated in a collaborative to initiate Methadone Assisted Treatment / Use of Methadone in the Durham County Detention Center. She has been providing services in the field of mental health and substance abuse for over 20 years. She is also certified through NAADAC as a Master Addictions Counselor.



Dr. Jeff Warren Jeffrey Warren, Ph.D. is the Executive Director of the NC Collaboratory. He oversees research activities coordinated by the NC Collaboratory across the UNC system and as directed by the NC General Assembly, liaises between researchers and the NC General Assembly, and provides policy recommendations to the NC General Assembly from the Collaboratory based on this research. Formally trained as a marine geologist, Jeff has spent the past 15 years in State-level science policy positions, including the coastal hazards policy specialist for the North Carolina Division of Coastal Management (2004 to 2010) and the science advisor for the North Carolina Senate President Pro Tempore (2011 to 2017).



Program Committee

Heather Lockey (NCCHCA)
Lenora Ross (NCCCHCA)
Sharnia Herbin (NCCCHCA)

Mica McReady-Gonzalez (NCCU)
Andrea Couch (NCCU)
Undi Hoffler (NCCU)

Greer Arthur (NC Collaboratory)
Karen Pryce (NCCHCA)
Justin Oyler (NCCHCA)

Deepak Kumar (NCCU)
Faye Calhoun (NCCU)

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