

# What to Bring to SOAR



## **Bedding Essentials:**

Twin XL Sheet Set, Blanket and Pillow(s)



## **Hygiene Essentials:**

**Basic Toiletries:** Soap, Deodorant, Toothpaste, Toothbrush, Towel, Washcloths and Toilet Paper



## **Medication Essentials:**

Any over-the-counter (if needed) or prescribed medications; Sunscreen



## **Personal Comfort Essentials:**

Comfortable Walking Shoes, Shower Shoes, Hoodie/Jacket and Umbrella



## **Technical Essentials:**

Cell Phone Chargers (Plug-in, portable)



## **Snacks:**

Non-Perishable - room snacks!  
Beverages: Water, Soda, Juice



## **\*SOAR Spirit Days\***

- Wear YOUR FAVORITE NCCU T-Shirt (Monday)
- Wear YOUR FAVORITE Crazy Socks (Tuesday)



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New Student and Family Programs